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INDIAN SCHOOL MUSCAT
MID TERM EXAMINATION I
ENGLISH COMMUNICATIVE

CLASS: X
03.05.2018

Sub. Code: 101

Time Allotted: 3 Hrs
Max. Marks: 80

General Instructions:

1. This paper consists of three sections: A, B and C. All the sections are compulsory.
2. Separate instructions are given with each section and question, wherever necessary. Read these instructions carefully and follow them faithfully.
3. Do not exceed the prescribed word limit while answering the questions. Marks will be deducted if this limit is crossed.
4. Attempt all questions of a section without mixing them with another section.

SECTION A – READING (20 marks)

1. Read the following passage carefully.

8

- 1 Blending freestyle dancing with a workout routine is now becoming a popular form of exercising. There are also a variety of dance forms that have been used as workouts in the past. The most popular forms have been the Zumba, Belly Dancing and Salsa but the latest variety to have caught the headlines is Bokwa dancing. It is touted as a major global fitness trend this year.
- 2 Unlike other forms of dancing used by fitness enthusiasts, Bokwa dancing enjoys the privilege of being devised by a fitness expert and not a dance enthusiast. Paul Mavi, the fitness personality from South Africa, who created this aerobic activity, derives the name from ‘Bo’ meaning boxing and ‘kwaito’ an African word for a style of South African music and dance.
- 3 The workout is quite easy, even though the name may be hard to pronounce. Not to be confused with the other African favourite the Zumba, Bokwa does not follow any choreography. The Zumba on the other hand, is created around a traditional 8-beat count and is slower in tempo. In fact, the Bokwa is often touted as an alternative to Zumba.
- 4 While dancing the Bokwa, all one must keep in mind is to draw the English Language letters and numbers with one’s feet, along with performing an energizing cardio workout routine. Interestingly, this dance routine can be followed by people of all ages. For a fast workout one can go all out and jazz it up with extra shimmies, hip bumps, or other freestyle moves.
- 5 The lean and mean dance routine is a great cardio workout as it combines cardio conditioning, strength training, coordination and flexibility. One Bokwa exercise session can help one burn around 1000 calories. Moreover, it is said to be the only fitness programme that uses hand signs. According to its founder Mavi, the use of sign language makes it simple for people to follow the routines.

1. **Answer the following questions on the basis of your reading of the passage.** (1x8=8)

- a) What are the dance routines used as fitness models?
- b) What is unique about Bokwa dancing as a fitness module?
- c) What is the origin of the term 'Bokwa'?
- d) What is known about the inventor of this dance form?
- e) Mention two differences between Bokwa and Zumba dancing.
- f) How is Bokwa dancing performed?
- g) What measures can be taken for a fast workout?
- h) What added advantage does Bokwa dancing have over all other forms?

2. **Read the following passage carefully.**

12

1. While it is a well-known fact that yoga, certain kinds of music and some calming foods, are known to relieve stress, the latest trend is the search for certain scents with calming properties that can help a person to unwind and soothe the nerves.
2. One such scent that is now being touted as having calming properties is lavender. It has long been a popular ingredient used in most spas as the scent is believed to help one sleep better. To test its properties one can opt for a lotion with lavender as its ingredient. An even better option is to spray the scent on the pillow for a sound sleep.
3. Everyone has heard of mint chutney that is served with samosas and pakoras, but few would think of applying a mint-based paste on one's body. Yet this is just what is recommended for those who would like a smooth and purifying effect on the mind, brought about by this application.
4. Citrus fruits are not only good for health but also serve as good mood lifters. Sniffing lemon zest is believed to soothe over stress and the smell of grapefruit is known to curb depression. Other advantages include memory enhancement from smelling oranges. Even the zest of an orange can make one feel energetic. Therapists also recommend that one can light an orange-scented candle by one's side, in the bath, and imbibe the same benefits.
5. For that nagging headache that comes on whenever you step out into the scorching sun, there is yet a cure available from the array of calming scents. According to some researchers sniffing at a green apple can not only cure a headache, but help alleviate it altogether.
6. The latest finding about the calming properties of scents, has entered the realm of roses. Since time immemorial the flower has been associated with happiness, love and joy. With this new finding, it will now embody an additional quality – that of relieving stress. The ideal way to prove it would be to use a rose-scented soap or massage with rose-scented body oil before going under the shower.

- 2.1 **On the basis of your reading of the passage, answer the following questions in 30-40 words each.** (2x4=8)
- (a) What does the latest research into scents reveal?
 - (b) What are the latest findings about the properties of lavender?
 - (c) How do citrus fruits help in calming the body?
 - (d) What are the properties of green apples?

- 2.2 **On the basis of your reading of the passage, fill in the following blanks with appropriate phrases.** 2

- (a) The word ‘calming’ used in the passage denotes.....
 - (i) composing oneself (ii) decomposing oneself
 - (iii) making oneself sleepy (iv) adding colour to one’s life
- (b) When ‘something is recommended’ it is.....
 - (i) widely criticized (ii) re-used a second time
 - (iii) widely approved (iv) started again

- 2.3 **Find out the words from the passage that mean the same as under:** 2

- (a) suggested (*para 3*)
- (b) improvement (*para 4*)

SECTION B – WRITING AND GRAMMAR (30 marks)

3. The most unfortunate fact of the modern times is that games and sports are dwindling from our life. This invaluable place has been usurped by digital, virtual world. Write a letter in 100-120 words, to the Editor, of Hindustan Times, highlighting the importance of sports and games and on the need to create awareness about it. 8
4. **Write a short story, in about 200-250 words, starting with the lines provided below. Give a suitable title to the story.** 10
- I hate surprises. No, I really do hate surprises. The last time someone surprised me I nearly.....
5. **Fill in the following blanks choosing the most appropriate option from the ones given below. Write the answers in your answer sheet against the correct blank numbers.** 4

We (a) ----- Australia last summer. It was a very memorable experience. One day we (b) ----- hiking with some local boys. Hiking through the scrub, we (c) ----- lucky to see the Kangaroo. It (d) ----- quietly with only its ears moving. While he focused his camera my brother motioned me to keep still. Suddenly the animal sprang away.

- a) (i) visited (ii) had visited (iii) were visiting (iv) visit
- b) (i) go (ii) went (iii) were going (iv) had gone
- c) (i) are (ii) have (iii) were (iv) had
- d) (i) sat (ii) is sitting (iii) was sitting (iv) had sat

6. **The following passage has not been edited. There is one error in each of the lines. Write the incorrect word and the correction, in your answer sheet, as shown in the example.** **4**

	Error	Correction
Vitamin tablets has been around forever, but antioxidants are	eg. has	have
the last miracle cure. Do they really work?	(a)	
If the hype is true, then what the antioxidants does is,	(b)	
work for neutralize the free radicals in our bodies	(c)	
and latter excrete them.	(d)	

7. **Rearrange the following words/phrases to form meaningful sentences.** **4**

Example: nectar/bees/miles/many/in search of/fly

Bees fly many miles in search of nectar.

- a) human travelers/ animals/ unlike/ maps/ have/ do not
- b) navigate/ different clues/ they/ instead/ by using
- c) use/ mountains/ birds/ rivers/ and/ the
- d) the sun/ also use/ they/ as/ and stars/ a compass

SECTION C – LITERATURE (30 marks)

8. **Read the extracts given below and answer the questions that follow.** **4**

a) ‘But you shall shine more bright in these contents
Than unswept stone besmear’d with sluttish time.’

- (a) Who is being referred to in the first line?
- (b) What does the term ‘besmear’d’ mean?
- (c) Why is time called sluttish?
- (d) Name the poet.

OR

b) “The compelling motive for her sudden deviation towards the footsteps of Nimrod was the fact that Loona Bimberton had recently been carried eleven miles in an aeroplane.”

- (a) For whom is the pronoun ‘her’ used in this context?
- (b) What do you mean by ‘sudden deviation’?
- (c) Who is Nimrod and why is his reference made here?
- (d) What is the tone of the writer in these lines?

9. Answer any four of the following questions in 30-40 words each. (2x4=8)

- a) When one of the boys said, 'We are not complaining, sir,' to the author, what do you learn of their character?
- b) What was Loona Bimberton's reaction at Mrs. Packletide's instant fame?
- c) In what way is the poet stronger than powerful rulers?
- d) In what way did the villagers connive with Mrs. Packletide in shooting the tiger?
- e) How does the spat between his daughters lead to grandfather discovering the truth?

10. Answer ONE of the following questions in about 120 – 150 words. 8

Victoria is the only one who loves her grandfather. She is also a witness to the manipulations and the mercenary behaviour of her parents and her aunt and uncle. She writes a diary expressing shock at their attitude and the emotional loss she would undergo after her grandfather's departure.

OR

'The nobility of life lies in doing selfless deeds.' In the light of this remark show how the brothers Nicola and Jacopo lived up to this ideal.

11. Answer ONE of the following questions based on the prescribed novel in about 200- 250 words. 10

The Story of My Life

- a. Why did Helen's family decide to travel to Baltimore? How did she enjoy the train journey to Baltimore?

OR

- b. Describe Helen's father and the emotional bond she shared with him.

The Diary of a Young Girl

- a. What are Anne's views about the Laws that restrict the Jews' freedom?

OR

- b. Write the pen portrait of Mr. Van Dann.

End of the Question Paper